New Codes and Standards 2023 39th FPC Annual Seminar + Expo October 1-3, 2023 Heather Livingston, MSL
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THE FGI GUIDELINES: CHANGES IN THE 2022 EDITION, AND WHAT'S IN STORE FOR 2026

Course Number: AHCA 2023.03

Credit Designation: 1 LU/HSW

AIA CES Provider Number: E240

October 2, 2023



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OBJECTIVE

Explain how changes in the 2022 *Guidelines* are impacting the design of clinical spaces in hospitals, outpatient clinics, and residential care facilities.

2BJECTIVE

Describe the major changes in the 2022 FGI *Guidelines*, and proposed changes for the 2026 *Guidelines*

3 objective

Identify the new clinical and patient care spaces included in the 2022 Guidelines.

4
OBJECTIVE

Explain how the benefit-cost process for the 2022 *Guidelines* can help health care organizations provide safe and effective patient care environments at a reasonable cost.



TODAY'S SPEAKER

Heather Livingston, MSL Chief Executive Officer Facility Guidelines Institute

- With FGI since 2011
- 5 editions of the *Guidelines*
- American Institute of Architects
- American Architectural Foundation



The views expressed in this presentation are the opinion of the speakers and may not be the official position of the Facility Guidelines Institute (FGI) or the Health Guidelines Revision Committee (HGRC).

Topics to cover

- I. Intro to FGI and the HGRC
- 2. Major changes in the 2022 Hospital, Outpatient, and Residential *Guidelines*
- 3. What happened to the emergency conditions document?
- 4. Questions



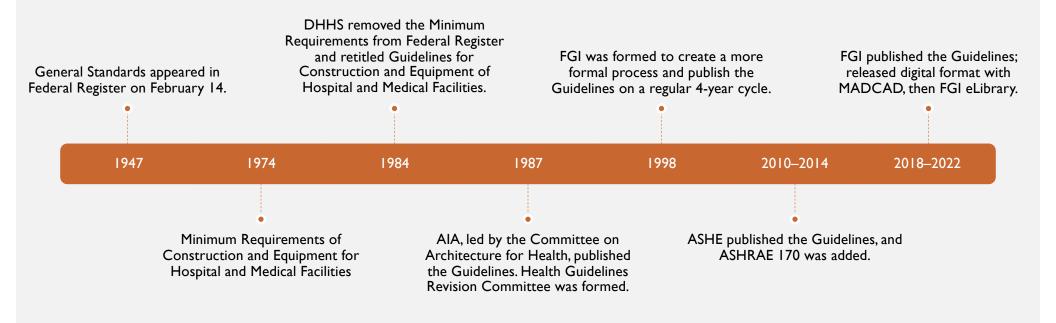
Who is FGI?





- 501(c)(3) not-for-profit
- Develops and publishes three
 Guidelines standards and
 various supporting resources
 (e.g., PHAMA white paper)
- Referenced by 43 states and federal agencies
- Manages public process for proposed changes and comments on the draft of accepted changes

History of the Guidelines



2026 HGRC: 138-MEMBER MULTIDISCIPLINARY COMMITTEE

20% - Architects

18% - Medical professionals

16% - State AHJs

13% - Engineers

10% - HC administrators/HC org. reps

8% - Federal AHJs (IHS, CMS, HUD, VA

7% - Infection control experts + NIH/CDC

4% - Construction professionals

4% - Interior designers



FGI PROCESS OVERVIEW

Consensus-based process for *Guidelines* development using:

- Collective multidisciplinary experience
- Professional stakeholder consensus, including many AHJs (no manufacturers vote on proposals)
- Public review process
- Clinical and evidence-based research
- Continual improvement process

Every new edition is considered an interpretation of previous editions.



2026 Health Guidelines Revision Committee Leadership



John Williams
Washington State
Department of Health
Olympia, Washington
Chair, HGRC



Ellen Taylor, PhD, AIA,
MBA, EDAC
The Center for Health
Design
Paoli, Pennsylvania
Vice-chair, HGRC



Charles Maggio
AIA, ASHE, NCARB
CBRE | Healthcare
New York, New York
Vice-chair, HGRC

2026 Health Guidelines Revision Committee Leadership



Kirsten Waltz
AIA, ACHA, EDAC, LEED AP
Johns Hopkins
Baltimore, Maryland
Chair, Hospital Document
Group



Kevin Matuszewski
AIA, LEED AP
Johns Hopkins
Baltimore, Maryland
Chair, Outpatient
Document Group

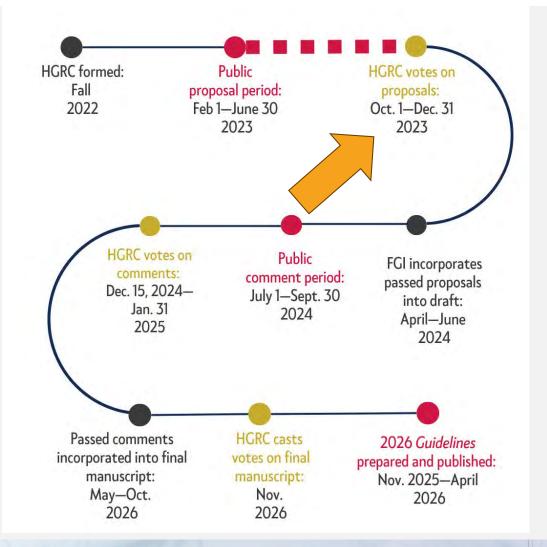


John Shoesmith
AIA, LEED AP
Shoesmith Cox Architects
Seattle, Washington
Chair, Residential
Document Group



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BENEFIT	IMPLICATION	COST	IMPLICATION
Patient/staff safety	Added Benefit	Capital cost	Increased Cost
Patient care	Added Benefit	Clinical operations	Neutral
Operational efficiency	Added Benefit	Facility operations	Neutral

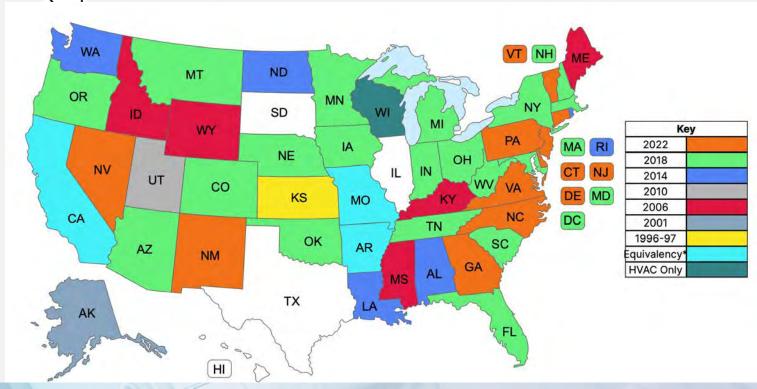
WHERE ARE
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THE
REVISION
CYCLE?



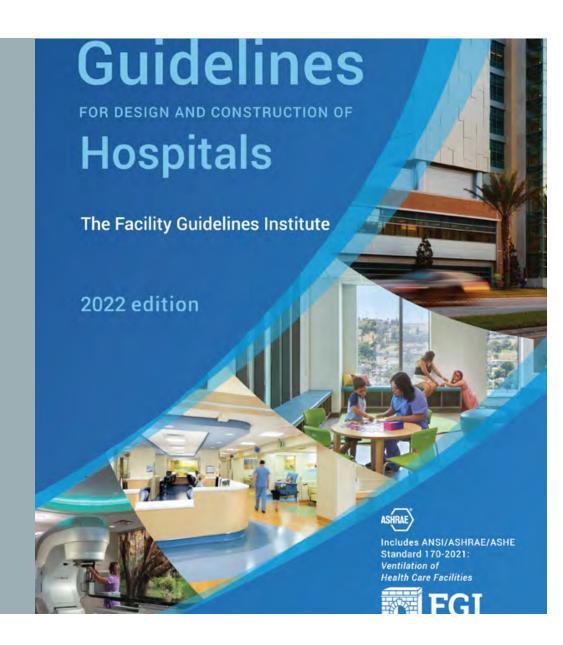
ADOPTION MAP AT HTTPS://FGIGUIDELINES.ORG

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To see details on states' use, hover cursor over individual state for specific information.



2022 HOSPITAL GUIDELINES



Changes to the Hospital Guidelines: Common Elements

Functional Program

Guidance on project purpose & expectations for delivery of care

Acoustics for telemedicine rooms

0.25 noise reduction coefficient (exam room is 0.15 NRC)

Interior noise (building system) 25 NC and 30 dBA

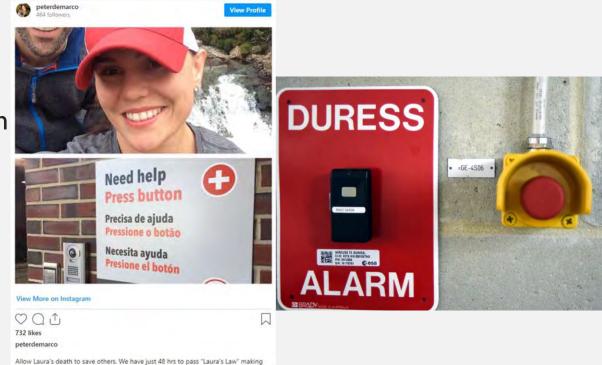
Speech privacy requirement added

CHANGES TO THE HOSPITAL GUIDELINES: COMMON ELEMENTS



Emergency Access (results from Laura's law)

- Video surveillance system for public entrances to the ED
- Duress alarm system where entrances are locked



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hospital ER entrances easier to find & navigate. Click the link in my Instagram BIO to instantly voice support your to State House leaders who control the bill's fate. Read my fie's stoy" (Losing Laura" in the Boston Globe, which I wrote. She was an amazing wife's stoy" (Losing Laura")

Airborne Infection Isolation Rooms, PE, AII/PE rooms

Number required based on the ICRA

Anterooms

- An anteroom is not required
- Inclusion determined by ICRA
- Anteroom space for doffing PPE





Non-traditional application (i.e., 2018 OP approach)

Additional ligature resistant language in BH sections

Where features preclude continuous handrails, handrails installed on one side permitted.

Lactation rooms required for staff/volunteers; separate from public lactation rooms



Plumbing: non-recirculated fixture branch piping: 10' max.

Elevators: Minimum door opening reduced: 54" to 48"

WAGD systems

- Where inhalation anesthesia used
- Identified for OR, Class 3 imaging, and Cesarean delivery rooms (Table 2.1-3)



Ceilings in ORs & Class 3 imaging

- Modular or prefabricated laminar flow ceiling systems if:
 - Seams / access doors gasketed
 - Structurally rated assembly
 - Access for testing, maintenance, replacement
 - Diffuser compliant w/ASHRAE 170
 - Devices and related controls UL/ETL labeled

Ceilings in restricted areas

- Remain monolithic
- Added PE Rooms to the list of OR, Class 3 imaging and sterile compounding

Pre- and Post-Procedure Stations: ratio can be reduced to 1.5 per

Call (nurse) systems

- Clarified use of wireless systems
- Clarified use of radiofrequency systems
- Getting rid of "station" and going to "device"

Modernized section on Telecom Systems

Thorough review/update of lighting requirements



CHANGES TO THE HOSPITAL GUIDELINES: GENERAL HOSPITAL

Classification of a hospital

A hospital with 35 or fewer licensed beds may use the chapter on Critical Access or Small Hospitals.

Medical Behavioral and Mental Health

Ceiling heights recommended: 9' to reduce potential for self-harm.

Place for meditation, bereavement and/or prayer: I/hospital, not I/unit.

CHANGES TO THE HOSPITAL GUIDELINES: GENERAL HOSPITAL

NICU room size

Multiple-infant rooms

Minimum clear floor area 120 to 150 SF

Single-infant rooms

Minimum clear floor area 165 to 180 SF

Windows not required in individual rooms if daylight can be viewed.



CHANGES TO THE HOSPITAL GUIDELINES: GENERAL HOSPITAL



NICU room type

New Neonatal Couplet Care Room (300 SF)

Hospitalized mother and NICU patient

- 150 SF for bed
- 150 SF for infant station

Where combined with LDRP 435 SF clear floor area

Continuing to address noise control

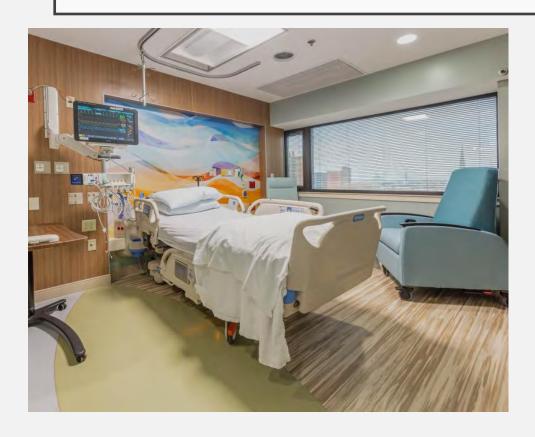
CHANGES TO THE HOSPITAL GUIDELINES: HOSPICE AND/OR PALLIATIVE CARE ROOM



Minimum Room Dimensions

- 153 SF clear floor area
- Minimum 10' at head of patient bed
- CFA includes 33 SF for family support zone; provides space for overnight stay
- In renovation may be reduced to 120 SF
- Mobile telemed. cart allowed

CHANGES TO THE HOSPITAL GUIDELINES: BURN TRAUMA CRITICAL CARE UNIT



Meet ICU criteria

Available OR with temp of 95°

Maximum of one patient per room

Patient room
designed as
Protective
Environment (PE)

Radiant heat panels over bed

Direct access to a patient toilet room

CHANGES TO THE HOSPITAL GUIDELINES: EMERGENCY SERVICES

Trauma/Resuscitation

• When not in use as T/R, can be subdivided with cubicle curtains

Low-acuity pods

- 40 SF clear floor area.
- 5'-6" minimum clear

Human Decontamination Facilities

- Room: increased from 80 to 100 SF
- Exterior structures: No min. SF

FSED removed from Hospital document

CHANGES TO THE HOSPITAL GUIDELINES: BEHAVIORAL HEALTH CRISIS UNIT



Located in or readily accessible to the ED

Single patient observation room

- 100 SF
- 10 ft. clear dimension

Multiple-patient room

- 80 SF per patient
- 4' between recliners
- 3' clearance between walls or partitions

CHANGES TO THE HOSPITAL GUIDELINES: BEHAVIORAL AND MENTAL HEALTH HOSPITALS

- Added requirements for a Geriatric
 Patient Care Unit
- Added Transcranial Magnetic
 Stimulation (TMS) room
- Added Intensive Outpatient and Partial Hospitalization Program (IOP/PHP)
- New safety provisions: entrances, reception, and waiting spaces

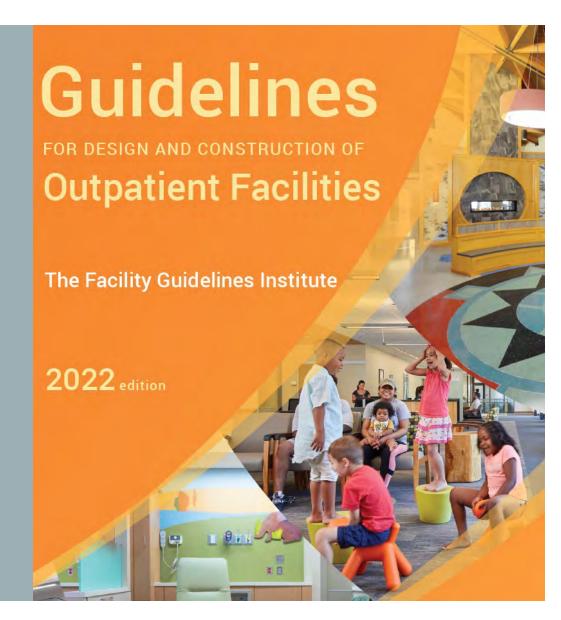


CHANGES TO THE HOSPITAL GUIDELINES: MOBILE/TRANSPORTABLE MEDICAL UNITS

- In the absence of state/local standards, "temporary basis" defined as 6 months during any 12month period.
- Does not apply to mobile /transportable units on site for <96 hours.
- Reorganized support areas by Class 1, 2, 3



2022 OUTPATIENT GUIDELINES

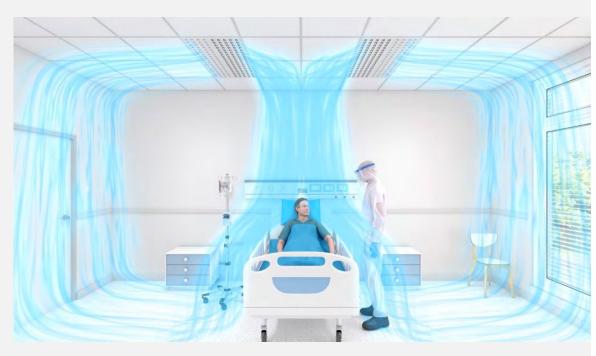


CHANGES TO THE OUTPATIENT GUIDELINES: PDC & COMMISSIONING

Strengthened Functional Program requirements

Airborne Infection Isolation room anteroom determined by ICRA

- Considerations include:
- Define intended use
- Facility location
- Long-range infection prevention planning



CHANGES TO THE OUTPATIENT GUIDELINES: PDC & COMMISSIONING

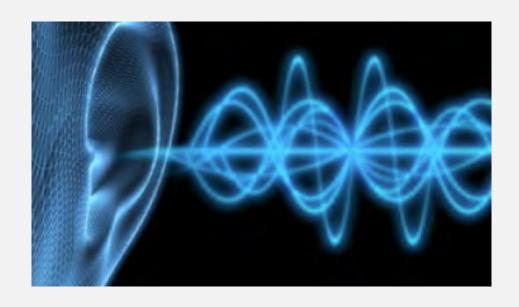
Design for Inclusive environments

In an **inclusive environment**, people of all cultural orientations can:

- Freely express who they are, their own opinions, and points of view.
- Fully participate in teaching, learning, work, and social activities.
- Feel safe from abuse, harassment, and unfair criticism.

CHANGES TO THE OUTPATIENT GUIDELINES: PDC & COMMISSIONING

Acoustics



Numerous room types have had an increase in sound absorption coefficients from 0.15 to 0.20 NRC:

- Exam
- Treatment
- Procedure
- Class 2 imaging
- Corridor

Added Multipurpose/conference room and telemedicine room

CHANGES
TO THE
OUTPATIENT
GUIDELINES:
COMMON
ELEMENTS

Single-patient exam/observation room with dual entry

Each room shall have 100 sq. ft. clear floor area

Min. clearance of 2'8" at each side of
the patient station
and at the foot



Changes to the Outpatient Guidelines: Common Elements



Sexual assault forensic exam room

- Exam bed/table
- Private toilet room with shower
- Lockable storage
- A room for consultation, family, support services, and law enforcement

CHANGES TO THE OUTPATIENT GUIDELINES: COMMON ELEMENTS

New section on hyperbaric oxygen therapy facilities

- Multiplace facilities
- Monoplace facilities
- Pre-procedure area
- Support areas for staff
- Support areas for patients



CHANGES TO THE OUTPATIENT GUIDELINES: COMMON ELEMENTS

Security

Environmental service rooms

 A means of securing each room from unauthorized access

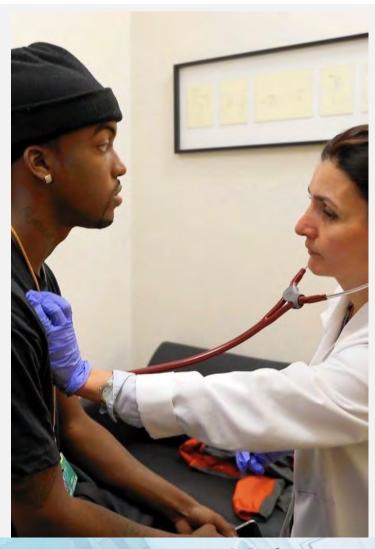
Mechanical and electrical equipment installed outside the building shall be secured from unauthorized access.



CHANGES TO THE OUTPATIENT GUIDELINES: FREESTANDING EMERGENCY CARE

New requirements:

- Trauma/resuscitation room can be subdivided as in Hosp.
- Low-acuity pods are permitted
- Flexible secure treatment room (can be used as a single-patient treatment room if appropriately designed)
 - Hand-washing station can be located outside the room
 - Room shall have a max. wall length of 12 feet
- If provided, the behavioral health crisis unit would be equivalent to that in the Hospital Guidelines.



CHANGES TO THE OUTPATIENT GUIDELINES: URGENT CARE FACILITIES

At least one care station shall be a single-patient room

- Triage area
 - Access to language translation services
 - Means to alert staff or local authorities
- Multiple-patient exam room
 - Where bays or cubicles face each other min.
 5-foot aisle required independent of the foot clearance



- Nurse station can share space with the reception and information area.
- Initial interviews can use the triage area, patient care station, or consultation room.
- Staff support areas have been added.



CHANGES TO THE OUTPATIENT GUIDELINES: DIALYSIS FACILITIES

Patient care station space requirements

- Removed min. clear floor areas
- 2'-0" clearance at the foot of the dialysis chair when the chair is fully extended

CHANGES TO THE OUTPATIENT GUIDELINES: DIALYSIS FACILITIES

Dedicated room for patients with special precautions (removed All room and added contact transmission)

- Single-patient room; min. 120 sq. ft. clear floor area
- Direct observation of patient's face AND insertion point
- Hand-washing in each room
- Fluid disposal sink
- Storage for PPE
- Door and walls need to extend to the floor—but not the ceiling



Nurse station

Direct visual observation of the patient's face and vascular access

Casework/obstructions no higher than 3'-8" in sightlines that impair visual observation

Hand-washing station can be placed at the nurse's station

Corridors: Meet NFPA or local building codes; at

least one exit route sized to accommodate transporting a patient by gurney/stretcher.

CHANGES TO THE OUTPATIENT GUIDELINES: DIALYSIS FACILITIES





CHANGES TO THE OUTPATIENT GUIDELINES: OP BEHAVIORAL AND MENTAL HEALTH CENTERS

Changes are consistent with what was changed in Behavioral and Mental Health unit in the Hospital *Guidelines*.

CHANGES TO THE OUTPATIENT GUIDELINES: BIRTH CENTERS

The required size of a birthing room in birth centers has been reduced from 200 to 120 sq. ft. This change was influenced by a national study of birth centers which found that enough existing birth center rooms were less than 200 sq. ft. to have us reevaluate the minimum.

Emergency safety plan for building systems is required.

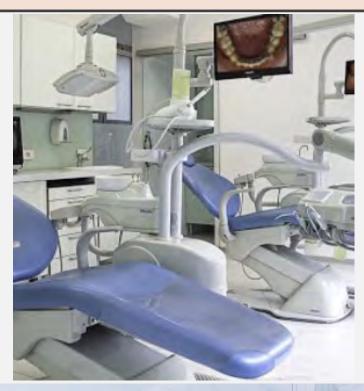
CHANGES TO THE OUTPATIENT GUIDELINES: DENTAL FACILITIES

Space requirements

- Removed min. floor area of 80 sq. ft.
- Retained min. clearance of dental chairs of 2'-8"

HVAC requirements for laboratory

 Room and pressure shall meet the requirements of ASHRAE 170.

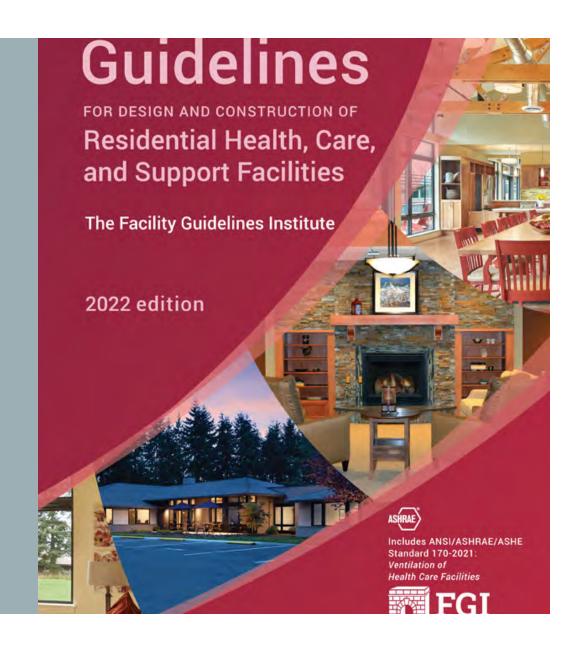


CHANGES TO THE OUTPATIENT GUIDELINES: EXTENDED STAY CENTERS

New chapter for 2022 Extended stay centers are intended for patients who are stable and don't need intensive monitoring or hospital-level care.



2022 RESIDENTIAL GUIDELINES



CHANGES TO THE RESIDENTIAL GUIDELINES: COMMON ELEMENTS



Restructuring the Residential document to align with H & OP

SRA content restructured

Designed with provisions for inclusive environments

Lighting coordinated with IES recommendations

Sustainability updated to refer to existing standards where possible

CHANGES TO THE RESIDENTIAL GUIDELINES: COMMON ELEMENTS



- Design criteria for palliative care added
- Accommodations for telemedicine services expanded to address privacy, acoustics, lighting, skin tone rendition, and mobile telemedicine services
- Telecommunications requirements updated to reflect current technology

Kitchen Types & Dining Areas

- Commercial kitchen
- Retail kitchen
- Household kitchen
- Social activity kitchen
- Outpatient therapy kitchen
- Warming/serving kitchen

Acoustics in dining

Distinguishes between small and large dining room requirements and provides design guidance in appendix

CHANGES TO THE RESIDENTIAL GUIDELINES: COMMON ELEMENTS





CHANGES TO THE RESIDENTIAL GUIDELINES:

NURSING HOMES



Resident Rooms

Single-resident room Multiple-resident room

121 sq. ft. 108 sq. ft. per bed

Min. clear dimension 11' Min. clear dimension of 9'-6"

*Clearances must accommodate arrangement of furniture.

CHANGES TO THE RESIDENTIAL GUIDELINES: NURSING HOMES

Individuals of size



Single-resident room with fixed overhead lift

200 SF CFA and min. clear dimension of 13'-2"

Multiple-resident room with fixed overhead lift

• 197 SF CFA and min. clear dimension of 13'-2"

Single-resident room without fixed overhead lift

219 SF CFA and min. clear dimension of 13'-2"

Multiple-resident room without fixed overhead lift

• 216 SF CFA and min. clear dimension of 13'-2"

*Clearances must accommodate resident furniture and resident mobility and transfer.

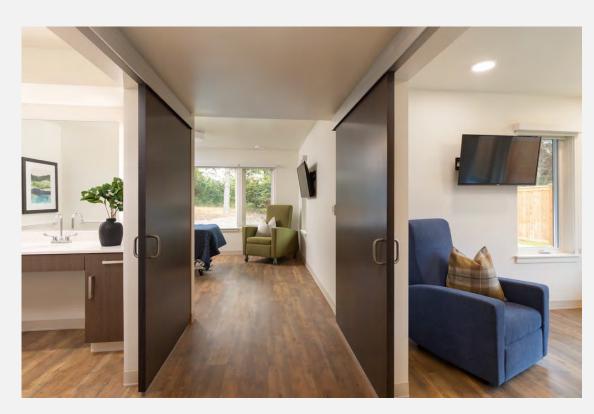
CHANGES TO THE RESIDENTIAL GUIDELINES: NURSING HOMES

Renovation

Multiple-resident rooms max.
 capacity is 4 residents, with no more than 2 sharing a sink and toilet.

Dialysis services added

- Chair station has min. clear floor area of 80 sq. ft. with min. headwall length of 8 ft.
- Privacy screens or cubicle curtains required
- Handwashing stations within 25 ft.



CHANGES TO THE RESIDENTIAL GUIDELINES: HOSPICE FACILITIES



- Hospice room is single-occupant unless need for double-occupancy is justified during planning phase.
- Hospice patient rooms in must have min. clear floor area of 153 sq. ft. to accommodate a family support zone of 33 sq. ft.
- Design criteria also provided for individuals receiving palliative care in other facility types.

CHANGES TO THE RESIDENTIAL GUIDELINES: ASSISTED LIVING SETTINGS

Care models and typologies revised

- Residential Model Typology
- Household Model Typology
- Apartment-Style Community Typology
- Accommodations for overnight guests now required in household and apartment-style typologies.

CHANGES TO THE RESIDENTIAL GUIDELINES:

ASHRAE 170-2021

STANDARD

ANSI/ASHRAE/ASHE Standard 170-2021

(Supervedes ANSI/ASHRAE/ASHE Standard 170-2017) Includes ANSI/ASHRAE/ASHE addenda listed in Appendix F

Ventilation of Health Care Facilities

See Appendix F for approval state by the ASHRAF Socialists Connection, the ASHRAF Board of Directors, and the Ashraf Board of Directors, and the American National Standards Installan.

This Scindard is under continuous maintenance by a Standing Standard Project Committee (SSPC) for which the Standards Committee has established a documented program for regular publication of addenda or measure, including procedures for timely, documented, continuous action on requests for charge to any part of the Standard Instructions for how to inflered a charge on the found on the ASHINAE Th website (https://www.ashinae.org/commission-maintenance).

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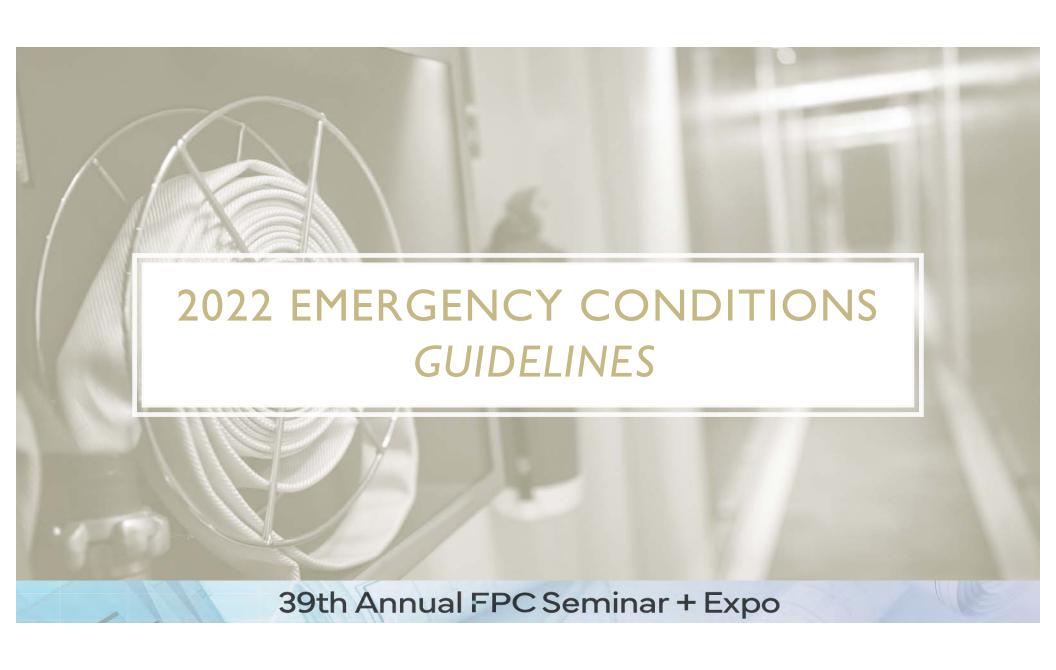
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EMERGENCY CONDITIONS GUIDANCE DOCUMENT

FGI held public comment period from April 1 through June 30, 2021.

Disaster, emergency, and vulnerability assessment added to 2022 *Guidelines*

HGRC topic group has been formed to review remaining proposal for inclusion in the 2026 *Guidelines*.



Guidance for
Designing Health and
Residential Care Facilities
that Respond and Adapt to
Emergency Conditions

FGI EMERGENCY CONDITIONS COMMITTEE



WHERE TO FIND THE GUIDELINES & SUPPORTING RESOURCES



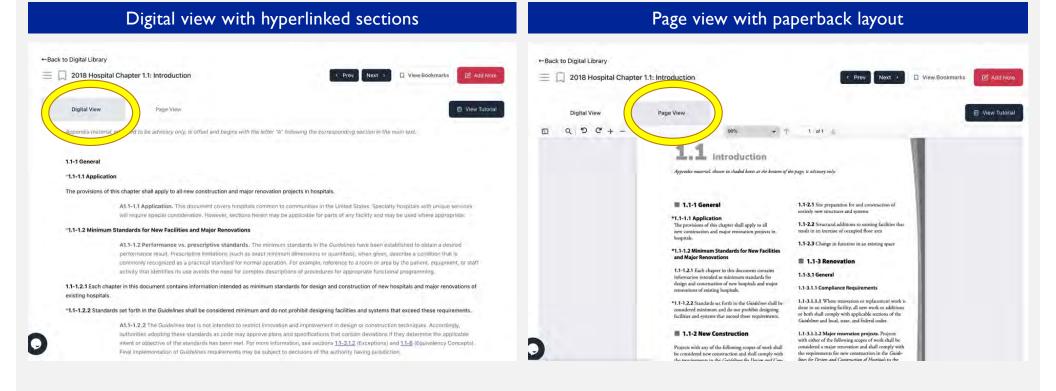


NAVIGATING THE GUIDELINES LIBRARY

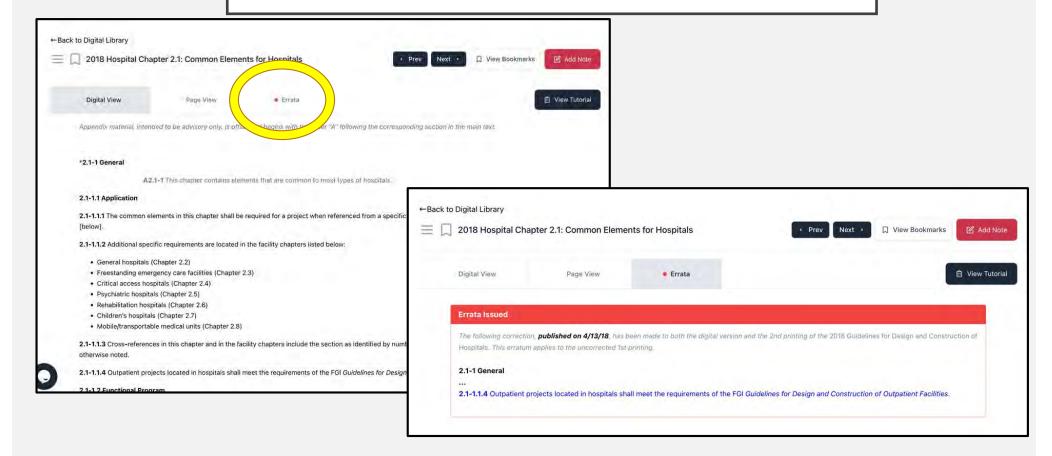
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▼ Chapter 2.1	Common Elements for Hospitals
Section 2.1-1	General
► Section 2.1-2	Patient Care Units and Other Patient Care Areas
► Section 2.1-3	Diagnostic and Treatment Areas
► Section 2.1-4	Patient Support Facilities
▶ Section 2.1-5	General Support Facilities
➤ Section 2.1-6	Public and Administrative Areas
➤ Section 2.1-7	Design and Construction Requirements
➤ Section 2.1-8	Building Systems
Table 2.1	Tables

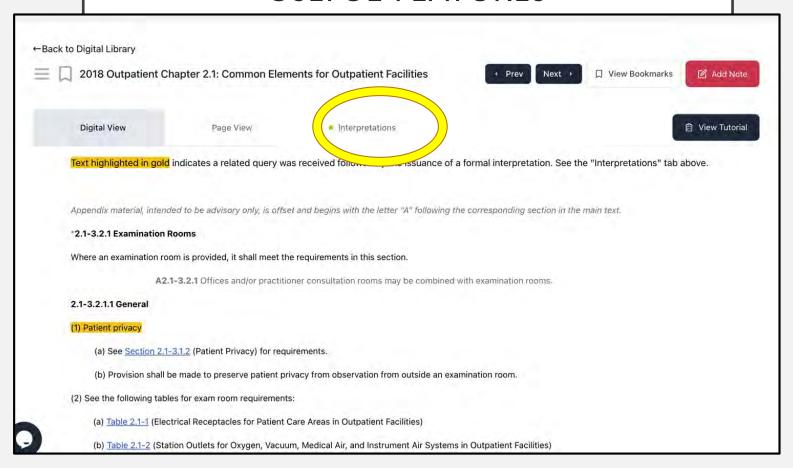
LIBRARY OF GUIDELINES DOCUMENTS



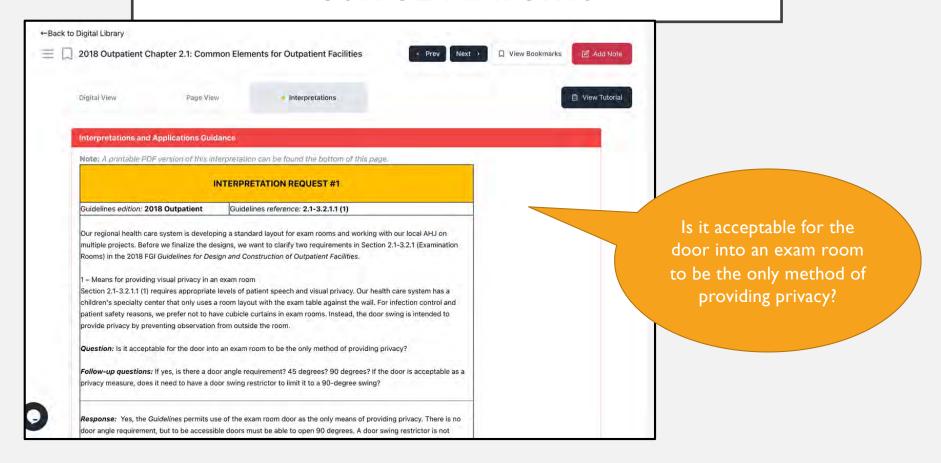
USEFUL FEATURES



USEFUL FEATURES



USEFUL FEATURES

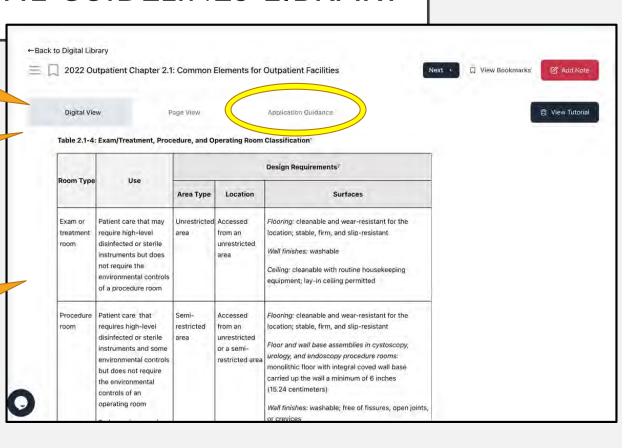


TOOLS IN THE GUIDELINES LIBRARY

Which type of procedures can be performed in the rooms listed in this table?

What is considered an "invasive procedure"?

What dictates the physical environment features each treatment space will need?





For more information on FGI, visit https://fgiguidelines.org

- Guidelines purchase information
- Errata and addenda on all editions
- Press releases
- FGI Bulletin newsletter
- Supporting publications
- Information on FGI and the HGRC
- Adoption map and toolkit

Thank you for your attention!

